



## Food Policy

Policy Number	New or Reviewed	Date of next Review	Responsibility
HCP016	June 2019	June 2021	Principal

*Empowering learners to shape their future*

# HORIZONS COLLEGE

## FOOD POLICY

### 1. Introduction

- 1.1 The Governing Body recognise the importance of educating the Horizons College community and families in healthy eating, in line with government directives.
- 1.2 On a day to day basis, the monitoring and implementation of this will be undertaken by the Horizons College and Horizons College staff.

### 2. Mission

- 2.1 To improve the health of the Horizons College community by teaching learners' ways to establish and maintain healthy and sustainable eating habits, and by inviting families to support us in this.

### 3. Aims

- 3.1 To promote the health of our learners by helping them to acquire the skills and knowledge to make healthy choices.
- 3.2 To ensure that the healthy eating message is communicated throughout all aspects of the curriculum involving food.
- 3.3 To ensure that all staff are conversant with basic food hygiene practices and that they work towards developing these practices in our learners.
- 3.4 To give learners opportunities to learn about aspects of food hygiene and best practice through work related learning sessions such as by working in the Charity Shops, Coffee Shop and during enterprise work.
- 3.5 To ensure that all learners have access to clean, safe drinking water throughout the day.
- 3.6 To ensure that food provision in Horizons College reflects the ethical and medical requirements of all learners and staff, i.e. religious, ethnic, vegetarian, allergenic and medical.
- 3.7 To make the provision and consumption of food an enjoyable, social and safe experience.
- 3.8 To introduce and promote practices within the Horizons College to reinforce these aims and to discourage practices that negate them.

### 4. Objectives

- 4.1 To work towards ensuring that this policy is embraced by Trustees, Governors, management, tutors, support staff, learners, parents, food providers and Horizons College's wider community.

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## 5. Delivery

- 5.1 Through education and example, develop an understanding within Horizons College of what constitutes healthy eating.
- 5.2 Create an environment and social atmosphere conducive to the enjoyment of safe, healthy eating.
- 5.3 Through curricular and extra-curricular activities, help learners develop an understanding of food issues; growing food, sources of food, food hygiene, food preparation, nutrition, healthy lifestyles and food industries.
- 5.4 Develop an understanding of the role food plays in cultural diversity and knowledge of food in other cultures.

## 6. Equal Opportunities

- 6.1 Equal Opportunity is the right of everyone to equal chances, and everyone is respected for who they are regardless of age, ethnicity, gender, social circumstances, ability / disability and sexuality. We aim to ensure that all pupils have access to a rich and rewarding curriculum and that their experiences are appropriate to their needs. Therefore, we use a range of learning activities, learning strategies, educational materials and technical aids to meet necessary requirements. Horizons College takes considerable care to ensure that the methods and materials used are free from prejudice or bias against any group.

## 7. Resources

- 7.1 All curriculum resources will be kept in agreed storage areas according to individual subject policy details.
- 7.2 The Senior Leadership Team (SLT) will review requests for equipment purchases.

## 8. Health and Safety

- 8.1 Health and Safety issues are described fully in the Health and Safety Policy. It is the responsibility of each adult to report Health and Safety issues without delay.

## 9. Policy Review

- 9.1 A copy of this policy is available to all who request it. It will be reviewed on a regular basis to ensure that the aims, objectives and adopted strategies remain relevant to Horizons College.

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Signed ..... Principal

Signed ..... Chair of Governors

Date .....